

Much more than just coffee...

Try our fun, fluffy delights!

FLUFFY COFFEE™

HOT OR COLD

FLUFFYPISTACHIO 7, 8
coffee, milk, pure pistachio paste, whipped cream and chopped pistachios

5.90 euro

FLUFFYMONTBLANC 1, 3, 7
coffee, milk, chestnut cream, whipped cream and meringue

FLUFFYNOUGAT 1, 3, 7, 8
coffee, milk, pure hazelnut paste, whipped cream and crumbled amaretto cookies

FLUFFYCOCONUT 1, 3, 7
coffee, milk, coconut cream, whipped cream, coconut flakes and crumbled amarettos

HOT SPICY CHOCOLATE

MILK OR SOY MILK

CINNAMON 6 0 7
hot chocolate with cinnamon and whipped cream

5.90 euro

PEPERONCINO 6 0 7
hot chocolate with chili pepper and whipped cream

GINGER 6 0 7
hot chocolate with ginger and whipped cream

Organic Coffee, tea or chocolate, hot or cold, with Italian gourmet ingredients.

#VIVIBISTROTFLUFFY

FLUFFY TEA™

5.90 euro

+POWER
green tea, spirulina, fresh mint leaves, agave nectar and ice

+ENERGY
green tea, chia seeds, coconut flakes, agave nectar and ice

+SHIELD
black tea, pollen, cinnamon, honey and ice

HOT SPICY TEAS

MILK OR SOY MILK

CHAI TEA 6, 7
black tea, spices, hot milk and honey

5.90 euro

MATCHA TEA
matcha tea, hot milk and agave nectar

MINT TEA
hot water with a handful of fresh mint leaves and ginger slices

discover all our locations in Rome



#vivibistrot #bioviziosi #vivimomenti



vivibistrot.com

List of 14 Allergens

1. Cereals containing gluten, namely: wheat (such as spelt and khorasan wheat), rye, barley, oats or their hybridised strains, and products thereof.
2. Crustaceans and products thereof
3. Eggs and products thereof
4. Fish and products thereof
5. Peanuts and products thereof
6. Soybeans and products thereof
7. Milk and products thereof (including lactose)
8. Nuts, namely: almonds (*Amygdalus*

- communis* L.), hazelnuts (*Corylus avellana*), walnuts (*Juglans regia*), cashews (*Anacardium occidentale*), pecan nuts (*Carya illinoensis* (Wangenh.) K. Koch), Brazil nuts (*Bertholletia excelsa*), pistachio nuts (*Pistacia vera*), macadamia or Queensland nuts (*Macadamia ternifolia*), and products thereof, except for nuts used for making alcoholic distillates including ethyl alcohol of agricultural origin
9. Celery and products thereof

10. Mustard and products thereof
11. Sesame seeds and products thereof
12. Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre in terms of the total SO₂ which are to be calculated for products as proposed ready for consumption or as reconstituted according to the instructions of the manufacturers
13. Lupin and products thereof
14. Molluscs and products thereof

Due to temporary organic product unavailability we may use products from integrated crop.

*Home-made and frozen in our Vivi Bistrot lab ° Top quality deep frozen product ◇ frosted organic fruit



ENGLISH

MENÙ

Rinascente Tritone

autumn/winter

ViVi Bistrot cares about organic food!

All our seasonal fruits and vegetables are organic, as much as our extra vergin olive oil, chicken, hamburgers, legumes, cereals, rice, eggs, coffee, milk, soy milk, flour, brown sugar.

Make the world a better place together with us!

Italian organic wonderland

autunno/inverno 18/19

ORGANIC JUICE BAR

COLD PRESSED JUICES

YUMMY

apple, lemon, ginger and parsley
6 euro

GOURMAND

pumpkin, carrot, orange and cinnamon
6 euro

VIT C

apple, carrot, orange and ginger
6 euro

FRESCA

pineapple, fennel, celery, lime, ginger
6 euro

DETOX 9

green apple, celery, cucumber, daikon, kiwi, lemon and ginger
6 euro

ANTIOXIDANT

baby spinach, pineapple, carrot and ginger
6 euro

HEALER 9

baby spinach, celery, melon and lemon
6 euro

DOLCE VITA 9

apple, celery, orange and melon
6 euro

PURA

orange, grapefruit, pineapple and lemon
6 euro

VIVI LEMONADE

fresh lemon, brown sugar, fresh mint, ice and soda
6 euro



SUPER FOODS

add them to smoothie and smoothie bowls

BAOBAB

2 euro

POLLEN

2 euro

SPIRULINA

1,50 euro

CHIA SEEDS

1 euro

YOGURT BOWLS

non organic yogurt

YOGURT 7, 11
honey and flax seeds
4 euro

YOGURT 7, 8
strawberries, honey and almonds
7 euro

YOGURT 7, 8, 1, 6, 11
granola, blueberries and walnuts
7 euro

YOGURT 7, 8, 1, 6, 11
granola, banana and raspberries
7 euro

SMOOTHIES

organic fruit and apple juice 7 euro

BERRY BANANA

STRAWBERRY BANANA

MANGO BANANA

AVOCADO BANANA
with agave nectar

MILK SHAKE VERSION 6, 7
with organic cow milk or soy milk instead of apple juice

LASSI VERSION 7
with low-fat yogurt instead of apple juice

SMOOTHIE BOWLS

HOMEMADE GRANOLA

SUPER GREEN 1, 8
avocado and banana smoothie served with granola, raspberries, coconut and chia seeds
8 euro

SUPER RED 1, 8
wildberries and banana smoothie served with granola, almond, strawberries, blueberries, chia seeds and maple syrup
8 euro

SUPER PINK 1, 8
strawberries and banana smoothie served with granola, raspberries, banana, walnuts and pollen
8 euro

TROPICAL 1, 8
mango and banana smoothie served with granola, pineapple, banana and sundried coconut flakes
8 euro

ORGANIC SALADS & KITCHEN

Stay healthy, eat vegetables!



IL MORO 1, 8
black rice sauteed with chickpeas, carrots and tomato-turmeric sauce
11 euro **VEGAN**

IL CHICCO 1, 4
organic barley with dried tomatoes, tuna, chickpeas, rocket and extra virgin olive oil
11 euro

IL FUSO 1, 7, 10
roasted seasonal vegetables, melted tomino cheese and organic mix seeds bread
12 euro **VEGGY**

LASAGNA* 1, 3, 7, 9
'HOME MADE WITH LOVE'
with Italian organic meat sauce
12 euro

ORGANIC SOUP
8 euro

ORGANIC MADRAS CURRY CHICKEN
served with organic steamed basmati brown rice
14 euro

SMOKED 1, 4, 7
smoked salmon, black rice and avocado
14 euro

GLUTEN FREE

CLASSIC LASAGNA* 1, 3, 7
10 euro

VICIOUS BRUNCH

1, 3, 7, 8

organic scrambled eggs with crispy bacon and cheese served on hot bagel
yogurt with organic granola, blueberries and walnuts
organic american coffee
13 euro (only Saturday and Sunday)

HOMEMADE CAKES

with organic ingredients



LIGHT 9, 10, 11
mixed salad, carrots, fennel, celery, sunflower seeds and french vinaigrette
8 euro **VEGGY**

LUSSUOSA 7, 8
mixed salad, pears, walnuts, parmesan, grapefruit, pollen and extra virgin olive oil
12 euro **VEGGY**

ROYAL 4
mixed salad, rocket salad, smoked Norwegian salmon, avocado, grapefruit and smoked salt
13 euro

STAGIONALE 1, 6, 7, 8, 10
spinach, blueberries, avocado, pecorino cheese, sunflower seeds and citronette
12 euro **VEGGY**

VEGANA 1, 6, 8, 11
mixed salad, marinated tofu with turmeric, roasted fennel and pumpkin, croûton, flax seeds, oriental vinaigrette
12 euro **VEGAN**

PROTEICA 1, 3, 6, 10
mixed salad, all white omelette, salty granola, roasted pumpkin, sundried tomatoes and french vinaigrette
12 euro **VEGGY**

GREEN DETOX 5, 11
baby spinach, fennel, celery, daikon, avocado, green apple, mix seeds and organic spirulina gomasio
11 euro **VEGAN RAW**

DELIZIOSA 7, 10, 11
rocket salad, quinoa, feta cheese, roasted pumpkin, chickpeas, sunflower seeds, french vinaigrette
12 euro **VEGGY**

PANTESCA 4, 10
mixed salad, tuna, potatoes, sundried tomatoes, chickpeas, capers, olives, croûtons and french vinaigrette
12 euro

VIVI CAESAR 1, 6, 4, 7
mixed salad, grilled chicken, fennel, croûtons, parmesan cheese and caesar sauce
13 euro

bread basket 1, 11 2 euro